

WFUMB – Students Webinar

Ultrasound Journal Club

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Ultrasound Image Optimization („Knobology“): B-Mode

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How to Manually, On/Off

- Us system is powered on and off using partial power on/off control located on the control panel
- Due to complex software functions, booting and shutting down the system may take some time.

Monitor

- LCD is superior to cathode-ray tube (CRT) monitors
- The human eye needs 20-30 minutes to achieve complete dark adaptation



Right Transducer

- Process is based on the piezoelectric effect
- 99% of the time is allocated to receiving the returning soundwave





Image Quality

- Gel, Gel Gel
- Depends on: depth penetration, image width, spatial and temporal resolution







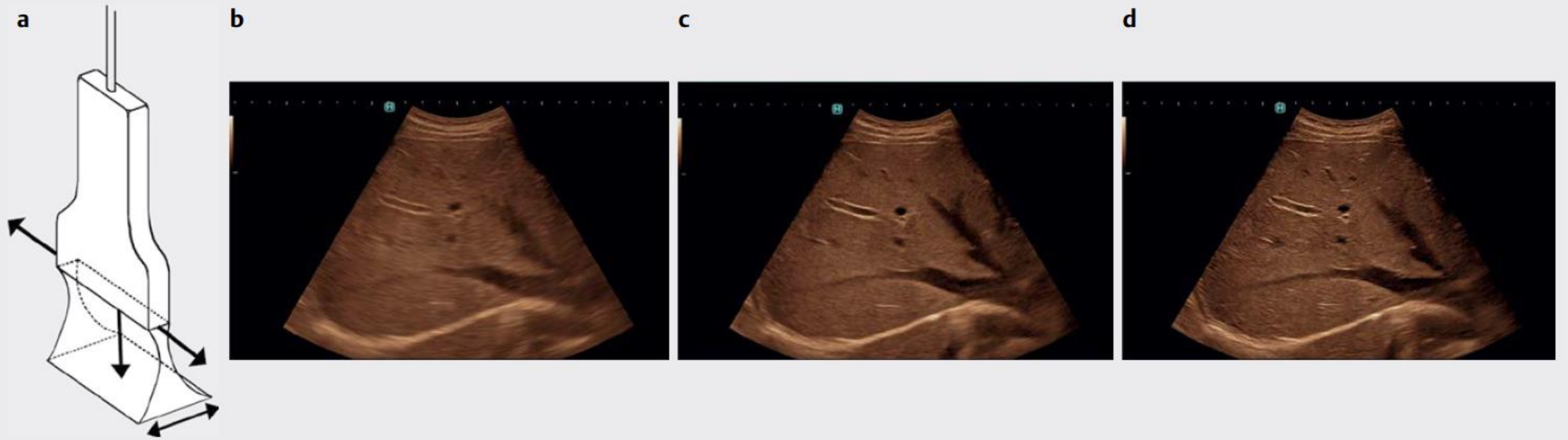
Transducer frequency

- The transducer frequency is calculated from the ratio of speed and wavelength the highest possible frequency should always be selected (“try high”).
- This setting is limited by the decreasing depth penetration that results from an increase in frequency



Resolution

- It is influenced by beam width and the transducer's line density. The latter is the number of pulses (scan lines) being laterally transduced.
- Line density adjusts the number of scan lines in your ultrasound image. A higher level provides better resolution in the image (more scan lines), but reduces the frame rate. Use this to get the best possible image with the most acceptable frame rate.
- The examiner can adjust the line density to affect the resolution, but the maximum value is hardware-limited



► **Fig. 2** Overview of ultrasonic axes **a** and examples for varying line density. Examination of the right liver lobe with line density at 1/8 **b**, 4/8 **c** and 8/8 **d**.



Tissue Harmonic Imaging (THI)

Disadvantages of the past are no longer relevant today due to technology improvements, which is why it is typically not practical to switch off THI

Compounding

Compounding is a tool for image optimization that combines multiple images resulting from multiple aperture positions (spatial compounding) or multiple transmission frequencies (frequency compounding) into a single composite frame in real time.







Dynamic range

- > defines the echo strengths shown on the monitor
- > a high dynamic range offers more information about the echo patterns
- > preferable for representing organ parenchyma
- > for vessels, a low dynamic range is favored
- > e results in a more “black-and-white” like shape





Transmission power

- > Transmission power describes the energy per unit of time (mW/cm^2) and influences image quality
- > US examination should still follow the ALARA principle (“as low as reasonably achievable”)
- > important in fetal US and in ophthalmology



Six steps to achieve optimal settings for B-Mode US

Steps	B-Mode parameter
1st	Transmission power
2nd	Gain
3rd	Frequency
4th	Depth penetration
5th	Focal zone(s)
6th	Further settings





Documentation

Clips

-> the clips function makes it possible to record short films, and thus display moving structures

Measurements

-> essential part of the US examination, as many diagnostic criteria are based on quantitative findings

Pictogram, body marker

-> a simple way of making the location of the sound window comprehensible to viewers of the recorded images

Store

-> allows for permanent storage of single frames of the live image



Further Literature

-> „Knobology“ in Doppler Ultrasound

Axel Löwe, Christian Jenssen, Sebastian Hüske, David Zander, André Ignee, Adrian Lim, Xin-Wu Cui, Yi Dong, Beatrice Hoffmann, Christoph F Dietrich

-> Knöpfologie in der Dopplersonografie

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